



Register your interest for any of the following webinars by clicking here or scan the QR code



LEADING TEAMS REMOTELY | 4 x 1 hour sessions 2-3pm

Session 1 - Coaching for managers

Session 2 - How to effectively manage teams remotely

Session 3 - An introduction to functional leadership

Session 4 - Leading people during a crisis

7th June 2022 21st June 2022 5th July 2022 19th July 2022



ASSERTIVENESS & CONFIDENCE BUILDING

Personal skills inventory

Assertiveness/aggressiveness/submissiveness

Handling challenging situations

Communicating assertively

12th July 2022



♥ CV & INTERVIEW SKILLS

- Up to date CV advice
- Promoting transferrable skills
- Tailoring CVs for specific jobs
- Successful interview techniques
- Job search ideas & planning

15th June 2022



INTRODUCTION TO PROJECT MANAGEMENT

- Project lifecycle
- Projects v business as usual
- Measuring project outcomes
- Using Gantt charts
- Risk and Issues
- Project software

7th June 2022 29th July 2022



MINDFULNESS

- Techniques to reduce stress & anxiety
- Boost your concentration & wellbeing
- Breathing, relaxation & coping mechanisms
- Self realisation to strengthen resilience

14th June 2022 21st July 2022



t: 0345 603 9311 e: info@rhgconsult.co.uk www.rhgconsult.co.uk





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PERSONAL PLANNING & ORGANISATIONAL SKILLS

- Organising personal time
- Schedules and milestones
- Planning tasks and actions
- Manage emails
- Personal planning software

26th July 2022

16th June 2022



START YOUR OWN BUSINESS

- · Generating business ideas
- Funding and finance
- Legal entities of business
- Accounts and HMRC
- Marketing, advertising & social media

9th June 2022 7th July 2022



PRESENTING WITH CONFIDENCE

- Know what makes a compelling presentation
- Plan a presentation
- Be able to open with impact
- Build skills to deliver a presentation
- Develop confidence to deliver presentations

14th July 2022



WRITING WITH CLARITY

- Communicate effectively in writing
- Grammar refresher
- Apply principles of effective writing
- Reviewing and proof reading text

17th May 2022



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